

Harris House Continuum of Client Care

Alcoholism & Addiction Treatment Programs

We use the 12-step model as our basic treatment program and supplement as needed with psychiatric evaluation, medication management, cognitive behavioral therapy, and motivation management delivered through a variety of treatment programs.

In-home interventions

- . Licensed interventionists available to work with families in the home or other settings

Detox

- . Medication assisted detox is always used at Harris House to reduce possible complications of withdrawal

28-Day Intensive Residential Program

- . 35 hours of structured treatment weekly plus family component and several AA & NA meetings weekly

28-Day Actively Employed Intensive Residential Program

- . 27 hours weekly structured treatment in residential environment scheduled around job hours

Long Term Primary Program

- . Subsidized room, board, and treatment up to 1 year. Treatment includes 2 month recovery dynamics classes weekly plus individual counseling and process groups

Long Term Transitional

- . Subsidized room, board, and counseling for up to an additional year

Aftercare

- . Available weekly for 1 year after 28-day graduation

Relapse Prevention Supplemental Programs

We offer a variety of supplemental programs aimed at helping clients deal with topics that may otherwise become relapse triggers

Clinical Programs

- . Relapse prevention group
- . Depression/anxiety self help
- . Abused and battered women recovery group (ALIVE)
- . Anger management
- . Trauma & violence recovery
- . Family reunification & support
- . Self-esteem workshops

Medical Programs

- . TB testing
- . STD testing and Education
- . HIV testing
- . Cancer awareness presentation
- . Flu shots
- . Nutrition classes
- . On-site nursing consultation

Modern Living Skills Programs

- . Employment search skills
- . Second chance banking
- . Pro-bono legal contact
- . Parenting skills
- . Meditation/yoga for anxiety
- . Ongoing sober socialization events
- . HH alumni blog conversation