



Harris House 28-Day Program Admission Clothing and Personal Items

Welcome to the Harris House 28-Day Program! Please read the list below to help you decide what to bring when you come for admission to the program.

- Medications-** Please bring a 30-day supply of all physician prescribed medications you are taking at the time of admission. Medications must be in their original prescription containers.
- Clothing-** Please bring about 5 to 7 changes of clothes. We do have laundry facilities on premises.
- Personal Hygiene products-** Please bring your own face soap, shampoo, shaving cream, razor, tooth paste, mouthwash (without alcohol), etc.
- Towels-** Please bring 2 towels and 2 washcloths.
- Shower shoes-** Please bring a pair of shower shoes.
- Cell phone-** You are may bring a cell phone and battery re-charger if you wish.
- Music-** You may bring an iPod, MP3, or radio with headphones if you wish.
- Snacks-** Food and snacks are provided, but you may bring your own snacks, candy, soda if you wish.
- Cash-** You may bring a limited amount of cash for vending machines or miscellaneous minor purchases if you wish.